

# San Diego County **BLACK INFANT HEALTH PROGRAM**



African American infants are more than twice as likely to die during their first year of life in comparison to all San Diego County's infants combined.

*Together, we CAN make a difference and make sure that all babies are born HEALTHY!*

## **Benefits include:**

- **'HEALTHY BLACK MOTHERS' 10-week prenatal and 10-week postpartum groups**

*"Women who completed group reported they had fun, made friends, and learned information to get ready to have and raise healthy babies."*

- Individual services based on your needs
- Referrals for health check-ups, emergency clothes, food, housing and more

## **Eligibility:**

- *Pregnant* African American women
- African American women with a new baby (0–3 months of age)

ALL BIH SERVICES ARE AT NO COST

### **Black Infant Health**

5379 El Cajon Blvd  
San Diego, CA 92115  
619.266.7466

### **Black Infant Health - North County**

420 N. El Camino Real  
Oceanside, CA 92058  
760.730.5078

*Providing Support to Pregnant and Parenting African American Women*



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### Program clients can:

- Join our 'HEALTHY BLACK MOTHERS' 10-week prenatal and 10-week postpartum groups

*"Women who completed group reported they had fun, made friends, and learned information to get ready to have and raise healthy babies."*

- Get individual services based on your needs
- Receive referrals for health check-ups, emergency clothes, food, housing and more

### To enroll you'll need to be a:

- Pregnant African American woman
- African American woman with a new baby (0–3 months of age)

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For more information or to enroll, call:

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